



NOLARO²⁴ LLC

The **NEXT STEP** in Foot Orthotic Design For the Entire Family

877.792.4669

Welcome to the **NOLARO²⁴** Family of Pre-Fabricated Foot Orthotics



littleSTEPS[®]
foot orthotics for kids

**For Tots
to Teens**

The **NEXT STEP** in Foot Orthotic Design For the Entire Family

QUADRASTEP[®]
 **SYSTEM[®]**

Prefabricated Custom To Foot Type Orthotics

**For Teens
to Adults**



littleSTEPS[®]

foot orthotics for kids



We fit **ALL KIDS** from toddlers to teens!

Does Your Child Suffer from **FLAT FEET**?



littleSTEPS® **CAN HELP**

Does Your Child Suffer from **OVER PRONATION**?



littleSTEPS® CAN HELP

Does Your Child Suffer from **IN-TOEING**?



littleSTEPS® CAN HELP

Does Your Child Suffer from **TOE-WALKING**?



littleSTEPS® CAN HELP



Many kids have
foot conditions
that can be
improved **NOW**
Easily, Quickly,
Inexpensively

littleSTEPS® foot orthotics:



- 👣 Support Flat Feet and Improve Posture
- 👣 Control Heel Pain/Sever's Disease
- 👣 Reduce Foot/Leg Growing Pains
- 👣 Effective for Toe Walking

littleSTEPS® gait plates:



- 👣 Reduce In-Toeing
- 👣 Improve Hip & Lower Extremity Strength
- 👣 Reduce Destructive Torsional Forces
- 👣 Create a Straighter, More Normal Gait

COMMON FOOT PROBLEMS



Birth - 5

- Flat Feet
- Toe-walking
- In-toeing
- Coordination
- Foot Alignment
- Balance
- Pain
- Fatigue
- Growing Pains

COMMON FOOT PROBLEMS

Ages 6-12

- Flat Feet
- Growing Pains
- Knee or Shin Pain
- Osgood Schlatter's disease
- Sever's disease
- Poor Posture and Postural Weakness including Knock Knees



COMMON FOOT PROBLEMS



Ages 13-17

- 👣 Runner's Knee
- 👣 Plantar Fasciitis
- 👣 Shin Splints
- 👣 Stress Fractures
- 👣 Ankle Pain
- 👣 Ankle Instability

Have your kids step into a pair of littleSTEPS® and
See the difference for yourself



Before



After with littleSTEPS®

Don't let them suffer, get help TODAY!

WHY ARE littleSTEPS® SO EFFECTIVE?

Control the heel and you control the foot



WHY ARE littleSTEPS® SO EFFECTIVE?

Correctly align the feet



WHY ARE littleSTEPS® SO EFFECTIVE?

Won't distort or twist under pressure



WHY ARE littleSTEPS® SO EFFECTIVE?

Comfortable to wear





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littleSTEPS® foot orthotics for kids

"Once he started using littleSTEPS® the problem stopped-Immediately! He can run and jump and play all day without any complaints at night. littleSTEPS® are amazing!!" *Janelle H*



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littleSTEPS[®] foot orthotics for kids

“Immediately upon using his littleSTEPS[®], his balance improved resulting in less falls, better coordination and he no longer complains of fatigue in his legs with walking and running. Best of all, **his confidence has increased greatly!**” *Melissa D*

Pediatric Mythbusters

MYTH BUSTER #1:

“It is Normal for Kids to Have Flat Feet”

FALSE!!



Pediatric Mythbusters



MYTH BUSTER #2:
“Kids Outgrow Flat Feet”

**NOT
ALWAYS!!**



Pediatric Mythbusters

MYTH BUSTER #3:
**“Growing Pains are
Normal”**

**NOT
ALWAYS!!**



Do You Know:

Your Foot Type is Hereditary?



Let Us See Your “Family Pho-Toes”

Better yet, bring siblings and have everyone takes
their shoes and socks off

Your kids will inherit your foot problems!



DO YOU HAVE KIDS?

We want to see them!

Schedule a
children's foot
evaluation with
one of our
board certified
specialists

Let us take a peek
and sleep easier
knowing their feet
are in good hands!

NOLARO²⁴ LLC
maker of littleSTEPS® foot orthotics for kids

WHY TREAT ALL FEET THE SAME?



Made with **PRIDE**
in the **U.S.A.!**

QUADRASTEP



SYSTEM[®]

Prefabricated Custom To Foot Type Orthotics

QUADRASTEP SYSTEM®



- 7 different pre-fabricated foot orthoses that have specific corrections for your foot type
- No casting, impressions or scans needed
- Easy, quick, and inexpensive!



DON'T suffer with feet that can be corrected **TODAY!**

CAN YOU GUESS YOUR FOOT TYPE?

FOOT TYPE A

Great for Ankle Instability!



A Quad Great for:

- High Arches
- Ankle Pain and Instability
- Sesamoiditis

FOOT TYPE B

Great for In-Toeing!



B Quad Great for:

- Flatter Arches
- Toe-In Walking
- Sacroiliac Pain

FOOT TYPE C

Great for Hip and Back Pain!



C Quad Great for:

- Toe Out Walking
- Hip and Back Pain
- Heel Pain

FOOT TYPE D

Great for Plantar Fasciitis!



D Quad Great for:

- Flat Feet
- Plantar Fasciitis
- Metatarsalgia/Neuromas

FOOT TYPE E

Great for Heel, Shin & Knee pain!



E Quad Great For:

- Shin Splints
- Knee Pain
- Achilles Tendinitis

FOOT TYPE F

Great for Severe Pronators!

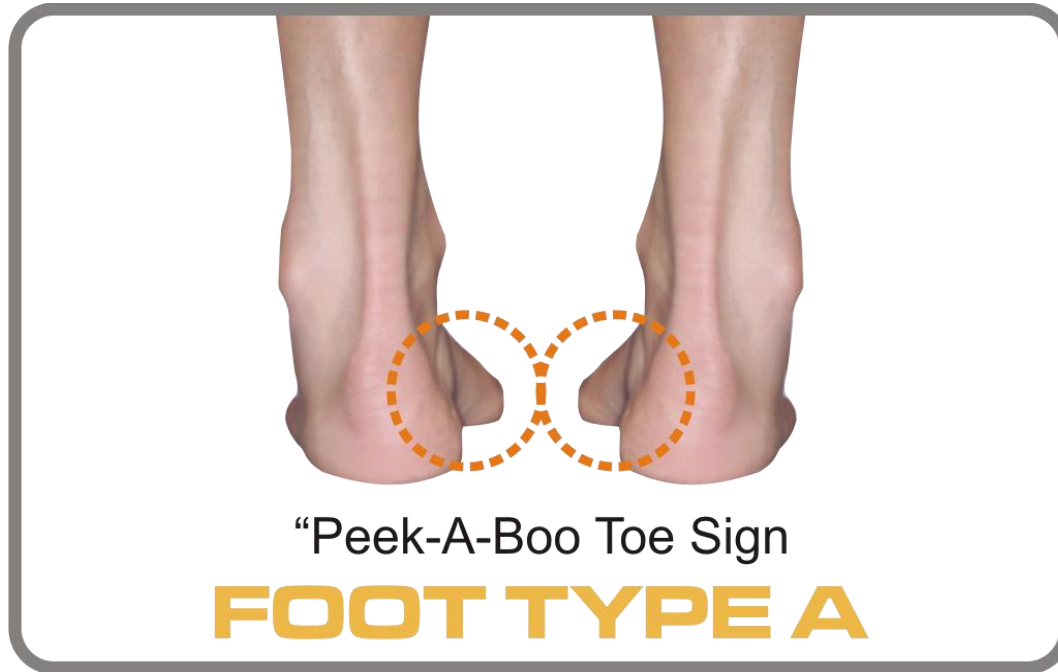


F Quad Great For:

- Severe Foot Pronation
- Ankle Pain and Swelling
- Bunions

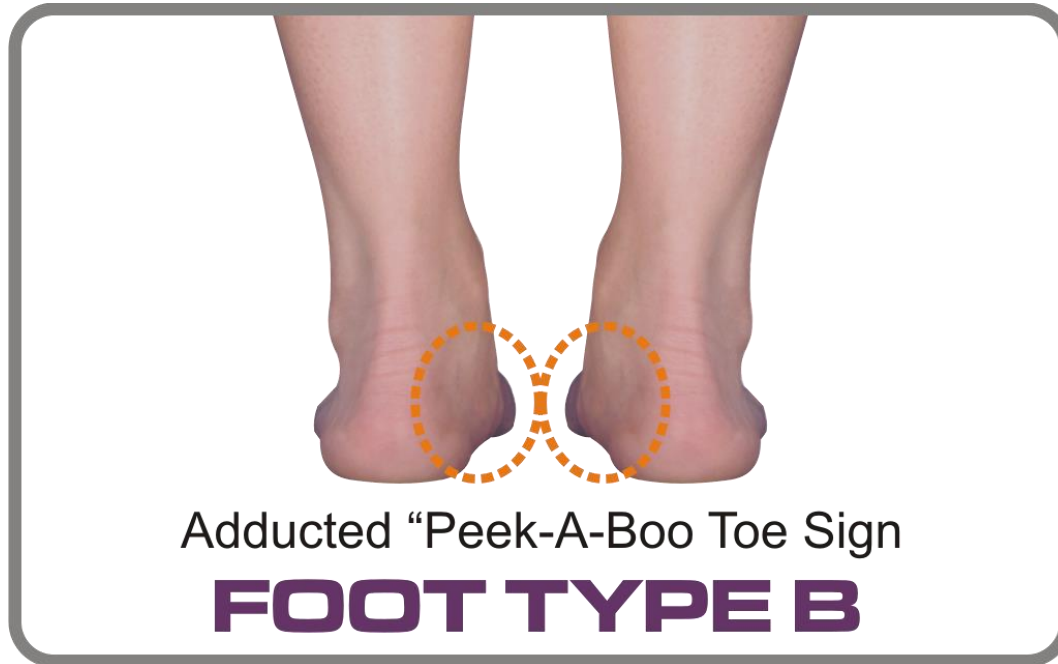
FOOT TYPE A

We fondly refer to this foot-type as our "chandelier shakers"! Why? Because even people with this foot-type who are very petite and don't weigh much tend to sound very 'heavy' on their feet when walking and probably can't sneak up on anyone easily.



FOOT TYPE B

The key characteristic of people with this foot type is that they tend to walk with a toe-in gait, which is commonly referred to as being “pigeon-toed”.



FOOT TYPE C

We call people with this foot type the “John Wayne walkers. People with this foot-type walk very toe-out. Picture how a gunslinger from an old western movie made his entrance into the local saloon. If you're not a fan of the westerns, think of a penguin or a duck!



FOOT TYPE D

We affectionately refer to people with this foot-type as the “Fred Flintstone walkers” because they tend to have a flat plodding type gait that is neither toe-in or toe-out.



FOOT TYPE E

We affectionately refer to people with the **E foot-Type** as “runway models” because they have a swagger in their gait style. Sometime people with this foot type have difficulty walking in a straight line and if you’re walking next to them down a supermarket aisle they tend to keep walking into you!



FOOT TYPE F

These feet look "very flat" at an early age, and can only worsen into adulthood. This severe instability also makes it difficult to develop and maintain core strength throughout the legs and trunk.



QUADRASTEP SYSTEM®

All of our orthotics are available in regular or narrow width, with or without a topcover.



Narrow Orthotics

- Fit better in dress shoes
- Fit better in cleats
- Fit better for petite individuals

Topcovered Orthotics

- Add comfort and cushioning
- Keep orthotics from moving
- Extra shock-absorption





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Nolaro24 orthotics are...



Easy to keep
clean (less
smelly!) – just
wipe clean



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Nolaro24 orthotics are...



OURS



THEIRS

Sturdier than
over-the-counter
insoles



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Nolaro24 orthotics are...

Firm enough for
medical
correction, and
soft enough for
all day wear





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Nolaro24 orthotics are...



Comfortable
enough for kids
to be happy to
wear them all
day



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NOLARO24 ORTHOTICS SAVE YOU TIME



- No long waiting period like Custom Orthotics
- No second fitting appointment
- Quick, easy assessment process
- Foot conditions can be improved **NOW!**





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NOLARO²⁴ ORTHOTICS SAVE YOU \$\$



- You don't have to come back for fittings/adjustments
- Less expensive than custom orthotics
- Use your HSA or Flex Spending Account to purchase these



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QUADRASTEP SYSTEM®

“...After spending almost a year of getting cortisone shots in my heels, wearing various daytime and nighttime braces, as well as trying dozens of shoe/insert combinations with no appreciable relief I am happy to tell you that **I have spent more pain free time on my feet in this last month than I had in the past year.**” *Craig S*



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QUADRASTEP SYSTEM®

“I've been amazed at the difference my QUADRASTEPS® insoles have made for my quality of life. My chronic heel spurs and aching high arches left me limping off the tennis court after only an hour. Since starting with **QUADRASTEPS®**, I can now play two to four hours a week with virtually no pain!” *Tom R*



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Did you know...

Feet sweat
a half pint
a day!!





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Did you know...

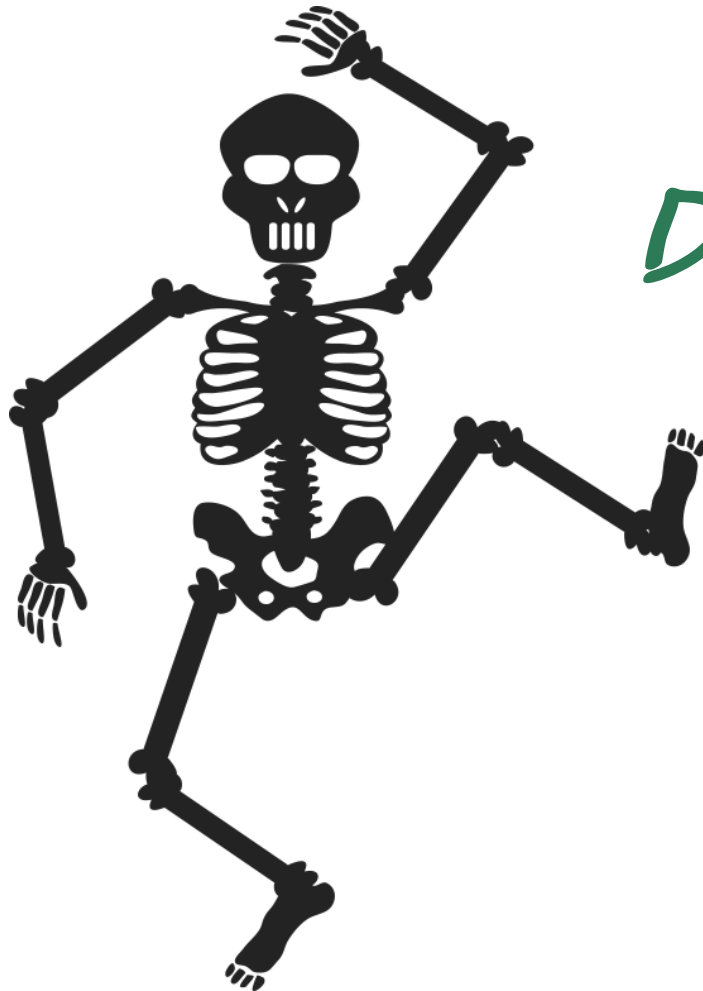
In a lifetime, most people walk the equivalent of three times around the Earth



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Did you know...

**One quarter of
your body's
bones are in your
feet**



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Did you know...



**Many people have one leg that
is longer than the other**



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Did you know...



Toenails grow
much more
slowly than
fingernails do



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Did you Know...

Standing still is
way more tiring
than walking



**Treat your feet
right...**

**Give them
something they
NEED!**

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Ask your practitioner how you can
ENHANCE YOUR LIFE with our
REVOLUTIONARY family of
pre-fabricated foot orthoses